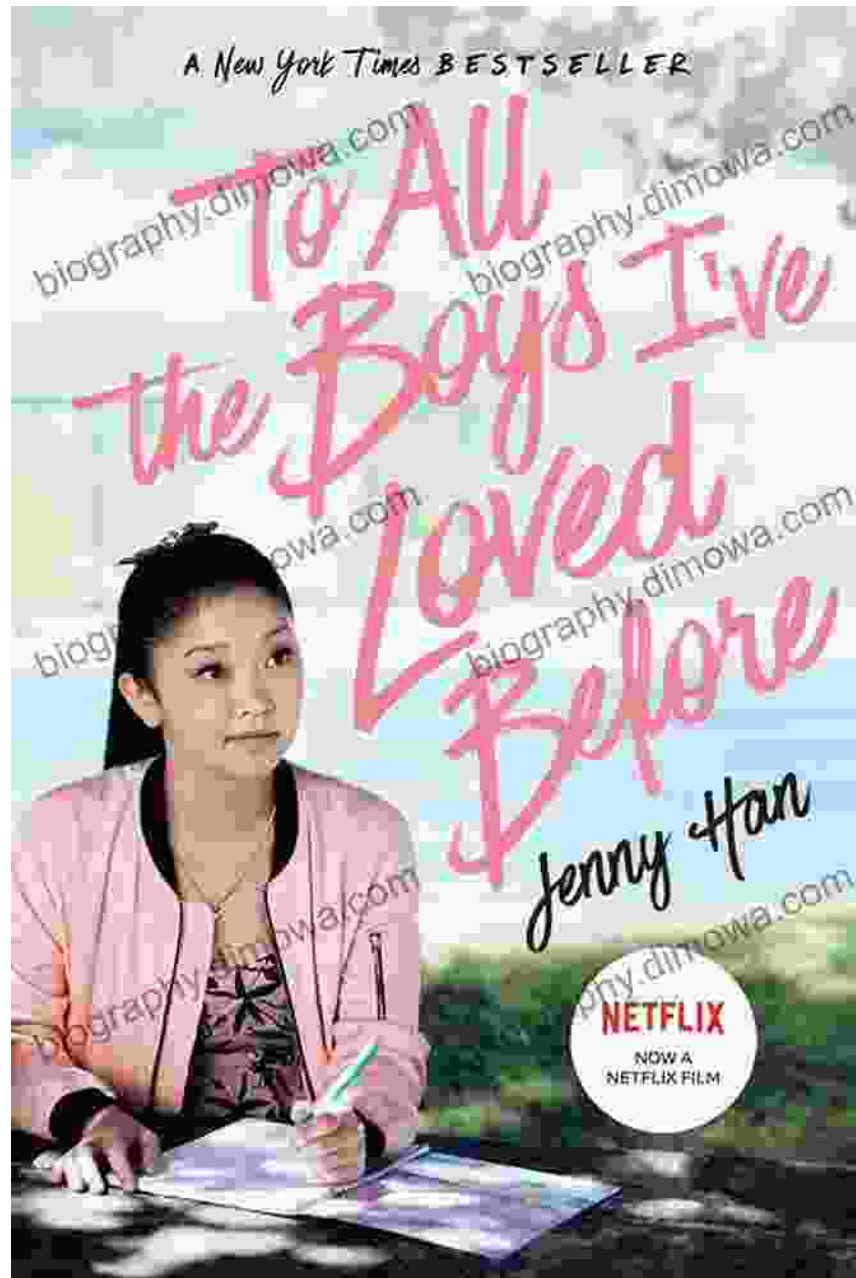


# Before Boys: A Journey of Self-Love and Empowerment



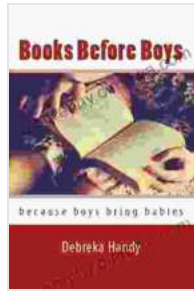
**Books Before Boys** by Debreka Handy

★★★★☆ 4.5 out of 5

Language : English

File size : 439 KB

Text-to-Speech : Enabled



Screen Reader : Supported  
Enhanced typesetting: Enabled  
Word Wise : Enabled  
Print length : 41 pages



## By Debreka Handy

Before Boys is a powerful and inspiring memoir that chronicles the author's journey of self-love, empowerment, and healing after an abusive relationship.

Debreka Handy was a successful businesswoman and mother when she met the man who would become her abuser. For years, she endured physical, emotional, and sexual violence at his hands. Finally, she found the strength to leave and rebuild her life.

In Before Boys, Handy shares her story with raw honesty and vulnerability. She describes the abuse she suffered, the challenges she faced, and the lessons she learned along the way. Her story is a testament to the power of resilience and the importance of self-love.

Before Boys is a must-read for anyone who has experienced abuse, or for anyone who wants to learn more about the issue. It is a story of hope, healing, and empowerment.

## Praise for Before Boys

"Before Boys is a powerful and inspiring memoir that will resonate with anyone who has ever been in an abusive relationship. Debreka Handy's story is a testament to the power of resilience and the importance of self-love." - *Kirkus Reviews*

"Before Boys is a raw and honest account of one woman's journey to heal from abuse. Debreka Handy's story is both heartbreaking and inspiring, and it will leave you rooting for her every step of the way." - *Booklist*

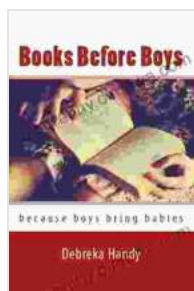
"Before Boys is a must-read for anyone who has experienced abuse, or for anyone who wants to learn more about the issue. It is a story of hope, healing, and empowerment." - *Library Journal*

## About the Author

Debreka Handy is a survivor of domestic violence and the founder of the nonprofit organization Before Boys. She is a passionate advocate for victims of abuse, and she has dedicated her life to helping others heal and rebuild their lives.

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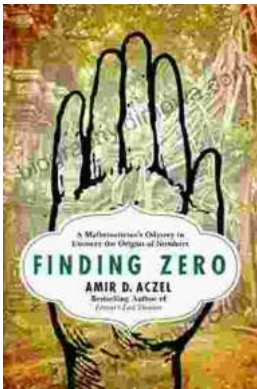
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