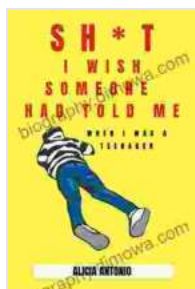


Sh! Wish Someone Had Told Me When I Was a Teenager

The Ultimate Guide to Surviving the Teenage Years

Being a teenager is tough. You're dealing with puberty, hormones, and all the other challenges of growing up. It can feel like no one understands what you're going through.



Sh*t I Wish Someone Had Told Me When I Was A Teenager by Alicia Antonio

★★★★☆ 4.7 out of 5

Language : English

File size : 584 KB

Print length : 100 pages

Lending : Enabled

Screen Reader : Supported

Paperback : 30 pages

Item Weight : 2.08 ounces

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But there are people who do understand. Adults who have been through it all before. And they want to share their advice with you.

In *Sh! Wish Someone Had Told Me When I Was a Teenager*, you'll find advice from adults on everything from dealing with bullies to making new friends. You'll also find tips on how to deal with puberty, hormones, and all the other challenges of growing up.

This book is a must-read for any teenager who wants to survive the teenage years with their sanity intact.

What You'll Learn in This Book

- How to deal with bullies
- How to make new friends
- How to deal with puberty
- How to deal with hormones
- How to deal with peer pressure
- How to deal with parents
- How to deal with school
- How to deal with relationships
- How to deal with the future

Testimonials

"I wish I had this book when I was a teenager. It would have saved me a lot of heartache." - Sarah, age 19

"This book is full of great advice. I would recommend it to any teenager." - John, age 18

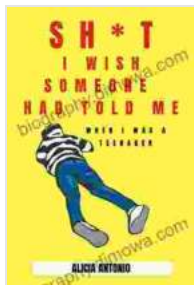
"This book is a must-read for any teenager who wants to survive the teenage years with their sanity intact." - Lisa, age 17

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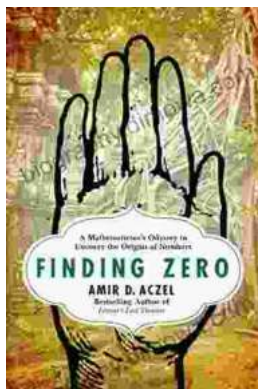
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