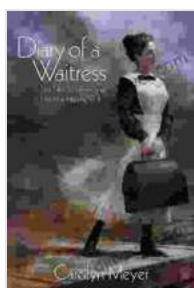


The Not So Glamorous Life of Harvey Girl: Uncovering the Hidden Truths of the Wild West



Diary of a Waitress: The Not-So-Glamorous Life of a Harvey Girl by Carolyn Meyer

★★★★☆ 4.6 out of 5

Language : English
File size : 3218 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 353 pages
Screen Reader : Supported

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When you think of the Wild West, images of rugged cowboys, outlaws, and gold rushes may come to mind. But there's another group of people who played a vital role in shaping this era - the Harvey Girls.

These young women left their homes in the East in search of adventure and a fresh start. They worked as waitresses in Fred Harvey's railroad restaurants, serving meals to hungry travelers and railroad workers.

The Harvey Girls have been romanticized in movies and TV shows, but the reality of their lives was often far from glamorous. They faced long hours, low pay, and strict rules. They also had to deal with the challenges of living in a male-dominated society.

The Real Lives of Harvey Girls

In her book, "The Not So Glamorous Life of Harvey Girl," author Sarah Albee uncovers the hidden stories of these remarkable women.

Albee draws on extensive research and interviews with former Harvey Girls to paint a vivid picture of their lives.

She tells the stories of women like:

- **Nellie Luttrell**, who left her home in Michigan to work as a Harvey Girl in Kansas. She faced discrimination and harassment from male coworkers, but she persevered and eventually became a manager.
- **Minnie Post**, who worked as a Harvey Girl in California. She was a talented singer and performer, but she had to give up her dreams when she married a railroad man.

- **Carrie Adell Strahorn**, who worked as a Harvey Girl in New Mexico. She was a strong-willed woman who stood up for her rights and became a leader in the community.

Challenges and Triumphs

The Harvey Girls faced a number of challenges in their lives. They were often overworked and underpaid. They had to deal with the dangers of travel in the Wild West. And they had to overcome the prejudices of a male-dominated society.

But despite these challenges, the Harvey Girls also triumphed. They gained a sense of independence and self-reliance. They helped to shape the development of the American West. And they left a legacy of service and community involvement.

A Must-Read for History Buffs and Anyone Interested in the American West

"The Not So Glamorous Life of Harvey Girl" is a must-read for anyone interested in history, the American West, or women's history.

Albee's book is a well-researched and engaging account of the lives of these remarkable women. It is a story of adventure, triumph, and resilience.

If you are looking for a book that will transport you to another time and place, then "The Not So Glamorous Life of Harvey Girl" is the perfect read for you.

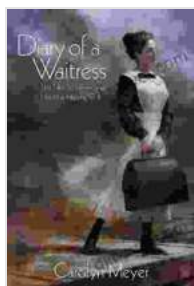
Free Download Your Copy Today

Free Download your copy of "The Not So Glamorous Life of Harvey Girl" today and dive into the untold stories of these remarkable women.

You can find the book on Our Book Library, Barnes & Noble, and other online retailers.

About the Author

Sarah Albee is a historian and writer. She is the author of several books on the American West, including "The Not So Glamorous Life of Harvey Girl" and "The Women of the West." She lives in Wyoming.

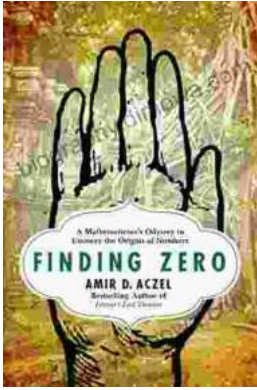


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